

Name:

Plastic/ Waste Diary



Record all the single use plastic and other major waste items you use. Use the tally table below to show the different types of plastic you use and keep a tally. Also record whether you disposed or recycled these materials.

You could also take photos of plastics that you are consuming with your phone and tag these.

If you are really serious you could store up all of your own or family's plastic waste for the week and take a picture? (ask your parents permission first please.)

***YOU CAN USE SOME OF THE DATA FROM THIS WASTE DIARY IN YOUR COMMON ASSESSMENT TASK INFOGRAPHIC.**

A	Plastic	Tally IIII	dispose/recycle
A2	Other bottle caps, pumps, rings, pull tabs, etc		
A3	Drink bottles		
A4	Cutlery		
A5	Straws and stirrers		
A6	Fast food cups, bowls and lids, cups - plastic not polystyrene		
A7	Shopping bags, with and without handles		
A8	Cigarette butts/ filters		
A9	Medical (syringes, vials, pill packs, bags)		
A10	Cleaning product bottles, oil, etc		
A11	Personal care product bottles, tubs (toothpaste, shampoo, creams, etc)		
A12	Toothbrushes		
A13	Rope, string		
A14	Fishing items (lures, floats, buoys, fishing line)		

A15	Other Packaging - hard (whole and pieces more than half)		
A16	Other Packaging - wrappers (whole and pieces more than half)		
A17	Plastic - other		
A18	Polystyrene food cups, bowls, boxes and lids (whole and pieces more than half)		
A19	Polystyrene insulating boxes (whole and pieces more than half)		
A20	Other Polystyrene		
A21	Polystyrene pieces (all types)		
A22	Miscellaneous plastic items		
A23	Plastic fragments - hard		
A24	Plastic fragments - wrappers		
A25	Others		
B	Metal		
B1	Whole		
B2	Fragments		
c1	Paper		
D	Glass		
D1	Whole		
D2	Fragments		
E	Wood		
E1	Whole		
E2	Fragments		
F	Other		
F1	Drink/ food boxes (tetra paks)		
F2	Shoes		
F3	Clothing/ fabric		
F4	Ceramic (whole)		
F5	Ceramic (fragments)		
F6	Other small items		
F7	Other large items (appliances, tires, etc)		
F8	Other fragments		

MARINE POLLUTION DEBRIS DATA CARD MICRO (1MM - 1CM)		
MA	Plastic	Tally IIII
MA1	Plastic pellets	
MA2	BB gun balls	
MA3	Plastic - hard	
MA4	Plastic - wrappers and film	
MA5	Polystyrene	
MA6	String/ rope	
MA7	Other plastic items	
MB	Non-plastic	
MB1	Glass	
MB2	Metal	
MB3	Paper	
MB4	Other	
Notes - interesting items, etc		